

# Operation Christmas Giveaway Fundraiser Tournament

Sat Nov 1, 2025

Tournament Location:

The Salvation Army

220 E Russell St

Fayetteville, NC 28301

Name: \_\_\_\_\_ Belt: \_\_\_\_\_ Rank: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Tel: \_\_\_\_\_ Age: \_\_\_\_\_ Wt: \_\_\_\_\_

Sex: \_\_\_ Male \_\_\_ Female. Instructor: \_\_\_\_\_ Rank: \_\_\_\_\_ School: \_\_\_\_\_

Clinic and Competition Fee:

\$35 for 1 Competitor, \$70 for Family. \$45 per person at the door (no family discount)

Spectator fee paid at the door: \$5 Individual, \$10 Family

Pay online, or make checks to SKJJK:

SGRO Karate

2631 Raeford Rd

Fayetteville, NC 28303

Saturday Nov 1, 2025. Clinic and Competition

Doors Open 8:30am. Clinics 9:00am.

Competition Times: 10:30am: Ages 8 and under. 11:30pm: Ages 9 and up

Competition in:

1) Forms

2) Sparring

3) Padded Weapons Sparring (Point)

4) Live Stick Sparring (14 yrs and Up)

Check the events you are participating in:

7 yrs and up: \_\_\_Forms \_\_\_Weapons Form \_\_\_Sparring \_\_\_Padded Weapons Sparring

6 yrs and under: \_\_\_Forms \_\_\_Belt Sparring \_\_\_(Pool Noodle) Padded Weapons Sparring

**Divisions will be combined or split at the discretion of the Tournament Director.**

WAIVER OF CLAIM: I hereby submit my application for registration in the Operation Christmas Giveaway Fundraiser Tournament. I waive all claims against any persons, schools, or associations connected with the Salvation Army, SGRO KJJK, and David Sgro. I assume full responsibility for any injuries I may sustain, as well as for all my actions in connection with this tournament. I agree to obey all tournament rules and regulations. I understand that foam-type headgear, hand and foot pads, and mouthguards are required for all sparring divisions. A groin cup is recommended for males

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*If under 18 years, guardian must sign*

# TOURNAMENT RULES – QUICK REFERENCE

## 1) FORMS

- Only recognized forms allowed.
- No splits, gymnastics, or acrobatics.
- No live blades.

## 2) SPARRING

**Gear:** Head, hand, foot, mouthpiece. Groin cup (males) recommended.

**Scoring:** All techniques = 1 point (majority of judges). First point = Advantage Point (tie-breaker).

**Time:** 2 minutes. High score wins. If no score, 1-minute overtimes until point is scored.

**Targets:** Front/side body & face (belt up).

**Illegal Targets:** Below belt, back, back of neck, top of head, face triangle.

**Contact:** Light to body & side of head only.

**Legal:** Back-fist, ridge hand, punch, front/round/side/crescent/back kicks.

**Illegal:** Spin back-fist, open hand, uppercut, elbow, knee.

## 3) PADDED WEAPON SPARRING

**Gear:** Approved padded sticks provided. Head gear w/ face shield, hand gear. Extra padding allowed.

**Scoring:** Same as sparring (1 point, Advantage Point, 2 min, overtimes).

**Disarms:** 1st & 2nd = 1 point to opponent. 3rd = DQ.

**Targets:** Body (belt up), face (side/front), arms, legs.

**Illegal Targets:** Back, neck, top of head, face triangle.

**Contact:** Light to body, head, arms, legs.

**Illegal Technique:** No weapon thrusts.

## 4) JUDGES' CALLS

- **Point:** Flag to scorer.
- **No Point:** Low X-block.
- **Out of Bounds:** Flag to floor.
- **Excessive Contact:** Strike flags together.

## 5) WARNINGS

- 1st: Verbal.
- 2nd: Opponent gets 1 point.
- 3rd: Disqualification.